



Sedation Dentistry

Contents

- 3 Introduction
- 5 What is sedation dentistry?
- 6 Who is sedation dentistry for?
- 7 Sedation dentistry options available
- 8 Sleep with Sparkle Dental
- 9 Sedation dentistry FAQs
- 10 About Sparkle Dental





Introduction

If you're reading this, chances are you're searching for a better smile, and a way to sleep soundly while your dentist works on treating yours.

At Sparkle Dental, we have many years' experience and training in sedation dentistry, helping you feel safe, relaxed and comfortable while you sleep soundly through your treatment.

Sleep dentistry services are especially designed to provide the highest levels of comfort for patients during a dental procedure, ensuring even those fearful of the dentist, can achieve optimal dental health.

Meet Dr Alex

Dr Alex Devellerez is passionate about helping patients conquer their dental fears through sedation dentistry. And with his extensive and experience in sedation dentistry, you can rest easy, knowing you're in safe and qualified hands.

Over the years, Dr Alex and his caring, qualified dental team have worked with hundreds of patients with dental phobias. Nothing makes our team happier and prouder to know that we have helped patients overcome their dental fears and restore their overall quality of life.

Meet Dr Simon

Simon has been with Sparkle Dental since 2007.

Helping patients deal with anxiety while providing the best dental care, is one of the most rewarding parts of his role as a dentist and brings a smile to his face when he thinks of all the patients he's helped with the spectrum of sedation options available, from using nitrous or 'laughing' gas to help uncertain children get through their first filling, to using twilight sedation to help a 'dental phobic' adult who has been avoiding the dentist for years.

We look forward to welcoming you to our dental practice.



If the thought of going to the dentist makes you nervous or you avoid the dentist altogether, know that you're not alone.

Many people experience dental fears or put off visiting the dentist for many reasons like:



Fearful due to past experience



Worried about the possibility of pain



Scared of the prospect of needles and strange instruments



Embarrassed and ashamed of the state of your teeth



Fearful of judgement from the dentist

Avoiding the dentist altogether could seriously impact the state of your smile and negatively impact not only your oral health, but your overall health too. Many people don't realise that there are major links between gum disease and systemic disease, due to the inflammatory nature of these diseases such as heart disease, arthritis, cancer and diabetes.



Thankfully, you don't have to keep missing your dental appointments – there is another way.

At Sparkle Dental, we offer a patient-centred approach that focuses on helping you feel calm and confident about going to the dentist by overcoming anxiety, phobias or fears, in the form of sedation dentistry.

What is Sedation Dentistry?

Sleep dentistry is a service especially designed to provide the highest levels of comfort for patients during a dental procedure, ensuring even those fearful of the dentist, can achieve optimal dental health. Even if you're not particularly fearful of the dentist, you may understandably, prefer to experience a particular procedure under sedation.

As an advanced form of dental sedation, sleep dentistry uses a combination of sedative and pain-relieving drugs given intravenously to create a dream-like state of deep, calming relaxation throughout your procedure.

At Sparkle Dental, we offer three types of sedation dentistry to help you feel relaxed and comfortable while you sleep soundly through your treatment, blissfully unaware and in the safest of hands.

- ★ Pentrox Inhalation
- ★ Gas Inhalation
- ★ Oral Anxiolysis Sedation
- ★ IV Sedation
- ★ General Anaesthetic





Who is Sedation Dentistry suited for?

If the thought of going to the dentist makes you nervous, or you've avoided the dentist for decades because the mere thought of it causes anxiety, then you may be a suitable candidate for sedation dentistry, and you're not the only one.

Many of our patients are just like you. In fact, we work with patients with dental phobias every day and have created a safe space just for you.

We understand how you may be feeling, whether that be scared, anxious, self-conscious, embarrassed, judged, or all of the above, and are here to help you regain your confidence.

With this understanding, comes our caring and supportive approach, to help you feel safe, comfortable and relaxed, from the moment you walk through our doors. And, our sedation options help you experience anxiety free dentistry while you sleep.

Of course, we treat all patients, whether fearful of the dentist or not, but are focused on supporting nervous patients in order to change people's perceptions of dentistry. We find this to be one of the most rewarding parts of our work.

If you can relate to any of the following, then sleep dentistry may also be right for you:



You have a strong gag reflex



Complex dental treatments are required



Keeping your mouth open is difficult for you



You have a low pain threshold



You have complex dental issues



Noises make you very sensitive

Sedation Dentistry options

If you've never experienced sedation or sleep dentistry, you might not know what to expect.

The caring team at Sparkle Dental in Joondalup are here to help you learn about sleep dentistry and the range of options available, to help you understand whether it's right for you.

These options include:



Pentrox Inhalation

Pentrox (Methoxyflurane) is a medicine that alleviates anxiety in much the same way as nitrous oxide and is used for visits that will take less than 30 minutes.

The Pentrox inhaler commonly referred to as the "green whistle" is handheld and self-administered by the patient who controls the level of sedation depending on the rate of intake.

Pentrox is also indicated for the relief of moderate to severe pain in conscious patients and is used for pain relief in emergency situations by paramedics.

Gas Inhalation

Commonly referred to as laughing gas, nitrous oxide elevates mood and evokes a sense of general wellbeing. You'll still be able to hear, see and take action, but likely feel much happier and relaxed throughout your treatment.

This option is generally used for children and shorter treatment times.

IV Sedation

IV sedation or twilight sedation uses a combination of calming and pain-relieving drugs to make patients feel comfortable and deeply relaxed during dental procedures. And, although it makes you feel sleepy, you won't necessarily fall asleep.

Most patients however, don't remember anything from their procedure and due to no perception of time, it feels much shorter to them.

Oral Anxiolysis Sedation

The definition of anxiolysis is simply, "a reduction in anxiety".

Anxiolysis sedation involves the use of oral tablets of a single anxiolytic drug in a single dose, prescribed before a patient's appointment, and administered prior to the beginning of the dental appointment.

Anxiolysis sedation treatments usually dull the senses, and this means that most patients cannot remember the pain, smells or noises associated with the procedure.

General Anaesthetic

General anaesthetic will put you completely to sleep, meaning you will be unconscious throughout your entire procedure. Due to the high effectiveness of IV Sedation, general anaesthetic is reserved as a last resort.

These particular procedures are performed at Southbank Day Surgery in South Perth and Sundew Day Surgery in Joondalup.

Not sure which option is right for you? Don't worry.

The dentists at Sparkle Dental are qualified to provide sedation options to our patients and will advise on the best sedation option for you.

Sleep with Sparkle Dentistry

A dentist who truly cares about your oral and overall health, as well giving you your confidence back may sound hard to find. Luckily, they're found at Perth dental clinic, Sparkle Dental, with dentists who provide a safe space for your anxieties and the best sedation option for your needs.

Through sleep dentistry, we help our patients conquer their dental fears and find this to be one of the most rewarding parts of our work.



Feel at ease with our strong sleep dentistry expertise

While some patients may feel they can cope with just a local anaesthetic, we recognise this isn't sufficient for everyone with dental fears. When the time comes to have dental treatment, sedation dentistry can help tremendously. It can allow people who would otherwise be unable to face any sort of treatment, to receive much needed dental care faster than would otherwise be possible.

At Sparkle Dental in Perth, we have qualified specialty anaesthetic doctors and dental sedationists with a strong professional focus utilising safely administered and monitored sedation.

All our dentists are both highly experienced and qualified in the area of sedation and endorsed by IV sedation providers, with postgraduate university training and qualifications in Sedation Dentistry.

We've helped many patients conquer their dental fears and experience all the benefits that come with anxiety and pain-free dentistry.

When you choose Sparkle Dental for your sleep dentistry needs, you'll be getting a team who care and have a genuine interest in helping you feel comfortable and confident in your smile.

We take the time to listen, provide all the information you need and help you understand all three sedation options, allowing you to choose the option that feels right for you.



Your Sedation Dentistry Questions Answered

1 How much does sedation at the dentist cost?

Prices depend on the type of sedation and length of your procedure, with prices usually starting at \$100.

2 Is sedation safe for children?

Yes. Children may also be safely sedated if they are extremely anxious or scared about their dental visit.

3 Can I have sedation even if I don't have dental phobia?

Whether or not you have sedation is completely up to you. Some patients choose sedation for a long and extensive appointment, allowing their dentist to treat them more efficiently, while they sleep.

We will only recommend it for certain procedures after ensuring it's suited for you.

4 Are there any risks?

Like anything medical, there are risks with sedation. However, most people don't experience any adverse reactions. We will get to know you and your medical history before advising whether sedation dentistry is right for you.

5 Does it hurt?

Sedation dentistry shouldn't hurt. The only discomfort you may experience, comes from placing the IV if you and your dentist choose the option of IV sedation.

If you're afraid of needles or extremely sensitive to pain, you can speak with your doctor about premedication which will relax you prior to the sedation process, making it even easier.

About Sparkle Dental

At Sparkle Dental Joondalup, we're experts in the areas of dental implants, sleep dentistry, cosmetic dentistry and kid's dentistry. Through our high-level training and state-of-the-art technology, we restore confidence in people who have felt too embarrassed to smile for years, and sometimes even decades.

Our team are ready to welcome you and your family with care, understanding, education, safety and experience. Together, we're focused on your comfort, and providing the best dental experience possible, reducing your fear of going to the dentist and creating healthy, happy smiles.

Rest assured that the best treatment for your individual needs will be met with professionalism, care and compassion.

If you think sedation may be a suitable solution to help you through your next dental treatment, Sparkle Dental look forward to hearing from you.





Ready to sleep soundly and get your smile back?

At Sparkle Dental, we care about your smile, and **offer your first consultation completely FREE!**

This includes one of our friendly, professional and highly experienced staff getting to know you and your smile goals, understanding your dental and medical history, and discussing your various sedation dentistry options.

Contact us



(08) 9300 2622



reception@sparkle.dental



sparkledentaljoondalup.com.au



2/143 Grand Boulevard, Joondalup WA 6027